

Curriculum Overview – ASDAN Personal Social Development (PSD) 2021 - 2022



Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<p>Unit MLT1: Making the Most of Leisure Time</p> <p>1.1 Understand how to make the best use of their leisure time.</p> <p>1.2 Be able to participate in a range of activities</p> <p>1.3 Carry out a review of the activities they have tried</p> <p>All activities are personal and relevant to each learner as an individual to begin the journey of them focussing on their personal social development.</p>	<p>Unit HL1: Healthy Living</p> <p>1.1 Understand the importance of leading a healthy life style</p> <p>1.2 Demonstrate how they contribute to own healthy lifestyle</p> <p>1.3 Review the activities undertaken to maintain a healthy lifestyle.</p> <p>Learners will develop an understanding of the importance of a healthy lifestyle identifying a range of activities that they can engage in and review their success within a supportive situation.</p>	<p>Unit ICD1: Identity and Cultural diversity</p> <p>1.1 Understand aspects of cultural diversity</p> <p>1.2 Develop strategies to challenge anti-social behaviour</p> <p>1.3 Understand the value of respect and understanding</p> <p>Learners will develop their knowledge and understand the concept of cultural diversity giving examples of what this means in their local community.</p>	<p>Unit CA1: Community Action</p> <p>1.1 Demonstrate and understanding of the role that community groups play.</p> <p>Learners will understand the role that community groups play within their local community</p>	<p>Unit CA1: Community Action</p> <p>1.2 Demonstrate their involvement in community activities.</p> <p>Learners will develop an understanding of how participating in community activities benefits themselves by contributing to community activities.</p> <p>Learners will have the opportunity to look back at their work and up level with support and guidance to ensure they have achieved all learning outcomes and assessment criteria.</p>	
Year 2	<p>Unit MSR1: Managing Social Relationships</p> <p>1.1 Understand how to interact with others in a range of social situations</p> <p>1.2 Demonstrate how to interact with others in a range of social situations</p> <p>Learners will develop an understanding of what is considered to be positive and negative behaviours and how these impact on social interactions. Learners will apply this and interact with others in positive ways in a range of situations.</p>	<p>Unit HE1: Healthy Eating</p> <p>1.1 Understand the importance of maintaining a balanced diet</p> <p>1.2 Understand the dietary needs of the different groups.</p> <p>Learners will understand what is meant by a balanced diet and will be able to recognise the dietary needs of different groups of people. They will be able to produce healthy meals and healthy eating plans.</p>	<p>Unit IRR1: Individual Rights and Responsibilities</p> <p>1.1 Understand their individual rights</p> <p>1.2 Understand their individual responsibilities.</p> <p>Learners will understand the idea of having individual rights and responsibilities. They will be able to provide examples of what this means for them as an individual and in their relationships with others.</p>	<p>Learners will have the opportunity to look back at their work and up level with support and guidance to ensure they have achieved all learning outcomes and assessment criteria.</p>		

Yr 12/13 Literacy Focus

Command words: comment, compare, contrast, describe, discuss, find, review, summarise, identify, evaluate, research, evidence, consider, investigate