

## Curriculum Overview – ASDAN Certificate of Personal Effectiveness (CoPE) 2021 - 2022



Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
<b>Year 1</b>	<p><b>Module 1 – Communication</b></p> <p>1A1- Give an illustrated talk about a topic of interest to a group of people and answer any questions.</p> <p>1A2- Show that you can obtain information on a topic you are interested in.</p> <p>1A3 - Entertain a number of people to tea or coffee</p> <p>1A4 - Prepare for, and then take part in, a group discussion and make notes on the main points raised.</p> <p>1A9 - Role play or discuss a situation where a friend comes to you for help on a given situation</p>	<p><b>Module 2- Citizenship and Community</b></p> <p>B1- As a group plan, organise and carry out an event to raise money for a good cause</p> <p><i>Skill- WO</i></p> <p><i>Group/team to organise a Macmillan Coffee morning/ Tea party for a group of either employers or parents.</i></p>	<p><b>Module 7- Health and Fitness</b></p> <p>7B- Complete a First Aid Qualification</p> <p><i>Skill- LP</i></p> <p><i>Complete First Aid Training Course</i></p> <p><i>One to one discussion with candidate to identify a suitable new game and to set two appropriate SMART targets.</i></p> <p><i>Candidate completes CoPE Plan sheet, including the individual action plan with 2 or 3 steps for each target.</i></p> <p><i>Candidate starts learning log.</i></p>	<p><b>Module 4- Independent Living</b></p> <p>4A2- Plan and prepare a balanced two course meal or packed lunch for one of the following;</p> <ul style="list-style-type: none"> <li>- An elderly person</li> <li>- A teenager</li> <li>- Someone on a calorie controlled diet</li> <li>- A family with two young children under five years' old</li> </ul> <p>4A4- Select 3 items of clothing made of different material and show how they should be washed.</p> <p>4A6- Using newspapers and other sources of information find out how much it costs to rent a flat/house or buy a flat/house and consider the advantages and disadvantages.</p> <p>4A8- Budget and plan what you would need to move into an unfurnished flat.</p> <p>4A9- Consider what would be an appropriate outfit for a job interview provide costings.</p>	<p><b>Module 5</b></p> <p>5A1- Visit a local park and present a report of what you saw.</p> <p>5A5- Carry out a challenge that will help you to appreciate or improve the environment</p> <p>5A6- As a group carry out a survey of your establishment and decide what needs to be done to improve the way it looks.</p> <p>5A7- Work as a group to improve the look of a garden.</p> <p>5A9- Take part in a workshop delivered by an outside speaker on recycling and energy saving and report back on what you have learned.</p> <p><i>Skill OP-</i></p> <p><i>Candidate to choose a topic to explore. Candidate to research the topic and identify the main points to discuss in your talk. Candidate to create resources to facilitate with presentation.</i></p> <p><b>Module 6</b></p> <p>1C- Take part in an extended period of vocational training in a sector of your choice.</p>		

<p><b>Year 2</b></p>	<p><b>Module 3- Sport and Leisure</b></p> <p>1C- Complete an extended sport and leisure project of your choice. Guidance will be given to support you to choose the most effective project.</p> <p><i>Skill- PS</i></p> <p><i>Candidate to choose a problem (tutor guided), explore why this is a problem and how this could be tackled.</i></p> <p><i>Candidate to discuss different ways of tackling the problem and plan how this will happen.</i></p>	<p><b>Module 8- Work-related learning and enterprise</b></p> <p>8 C- Take part in an extended work-related or enterprise project of your choice</p>	<p><b><u>Module 12- Beliefs and Values</u></b></p> <p>12B1- Carry out an in depth study on a particular faith.</p> <p>12B2- Research issues and attitudes on one of the following;</p> <ul style="list-style-type: none"> <li>- Abortion</li> <li>- Euthanasia</li> <li>- Marriage</li> <li>- Capital punishment</li> <li>- Immigration</li> <li>- Charity</li> </ul> <p><i>Skill - R</i></p> <p><i>Candidate to choose a topic of interest and separate this into different points.</i></p> <p><i>Choose one point and plan out how you will research this providing at least 2 methods of research.</i></p> <p><i>Candidate to agree with tutor an action plan to start research project.</i></p>	<p><b>Module 10- International Links</b></p> <p>10A2-Carry out a survey finding out staff and students experiences of visiting, living or working abroad.</p> <p>10A4- Imagine you are given a railcard that entitles you to free European travel. Plan where you would go and what you would do.</p> <p>10A5- Research an international issue currently in the news and take part in a discussion about it.</p> <p>10A7- Plan a holiday abroad and include at least ten useful phrases in the language spoken there.</p> <p>10A8- Plan and host an international breakfast, lunch or dinner based on typical meals from another country.</p> <p><i>Skill- D</i></p> <p><i>Candidate to take part in workshops on a chosen topic. Candidate to then plan to research further into the chosen subject and be prepared to judge when is appropriate to contribute to discussions.</i></p>	<p><b>Module 11- Expressive Arts</b></p> <p>11A1- Produce a review of a performance/exhibition or film.</p> <p>11A2- Produce an illustrated study of the life and work of someone who is famous within the expressive arts industry.</p> <p>11A3- Interview someone who makes a living from a creative activity.</p> <p>11A5- Take part in a practical Expressive Art activity.</p> <p>11A8- Present the outcomes of 11A5 in an appropriate way to an audience providing evidence of you demonstrating this activity.</p> <p><b>Module 9- Science and Technology</b></p> <p>9A1- Carry out a study of the characteristics and uses of at least three different materials</p> <p>9A4- Use a digital camera to produce an image then show that you can use it to produce another media document.</p> <p>9A5- Investigate and compare how IT is used in different departments in your school.</p> <p>9A7- Demonstrate that you can deal with weights and volumes when cooking.</p> <p>9A9- As a group make a scale model of the solar system using materials that are freely available.</p>
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**Yr 12/13 Literacy Focus**

Command words: comment, compare, contrast, describe, discuss, find, review, summarise, identify, evaluate, research, evidence, consider, investigate